

GUIDE TO THE OLYMPIC

GAMES



Programme of events

Accommodation and toiletry

Overview

**By
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Programme of events

Day one
Worship

Day two
Pentathlon, chariot races and the feast

Day three
Sacrifice and races

Day four
**Wrestling, boxing, pankration and race
in armour**

Day five,
**Procession, feasting, parties and the
crowning**

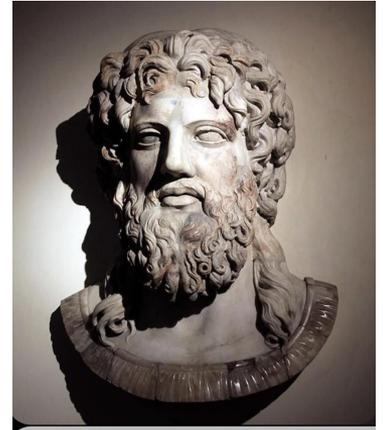
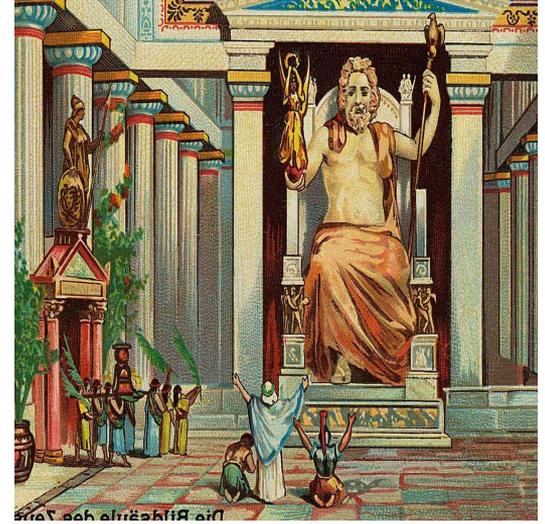
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Day one

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Day one consists of mostly worship. On the first day you make promises to Zeus, sacrifices to Zeus and you have free time . During the promises you, your trainers, and farther must swear an oath to obey the rules and you promise you have been training for 10 months. After they swear the oath they make sacrifices at one of the altars placed around the Altis. During their free time competitors spend time with their family and visit the temples.

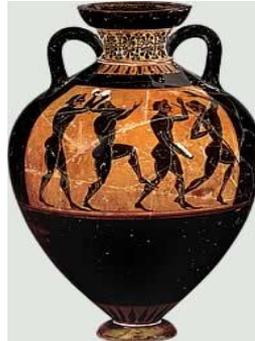


Day two

Day 2 consists of chariot races, horse races, the pentathlon, honouring of an Olympic hero, and feasting. The chariot race is a procession of chariots, horses and riders into the hippodrome. After the chariot races come the horse races which are much shorter it is one lap around the hippodrome riding bareback. Now people go to the stadium to watch the Pentathlon which is the discus, javelin, jumping, running and wrestling. As the evening approaches shrine to honor Pelops, his funeral ceremonies are re-enacted. At the end of the day people feast and listen to hymns sung in their honour and parade around the Altis.

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DAY THREE : SACRIFICE AND RACES

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Day three is the most important day of the Olympic Games, when the sacrifice to Zeus will be made. You can watch this in the morning. It will take place next to the great altar of Zeus, where you can gather with other audience members to watch this great event. 100 oxen will be sacrificed for our great god Zeus, thrifths bones burned on the altar that will guide your way to the event.

In the afternoon, there are two races. These are the long distance race also known as the dolicho (do not let woman watch this it can be rather violent!) and the sprint race. This is a very popular event ,although a quick viewing at only 192 metres. The games are named after the winner. Both of these races can be viewed in the stadium.

For special guests there is also an evening feat in the prytaneion where you can celebrate with the victors and judges whilst eating fresh meat from the morning sacrifice.

Day four - the pankration

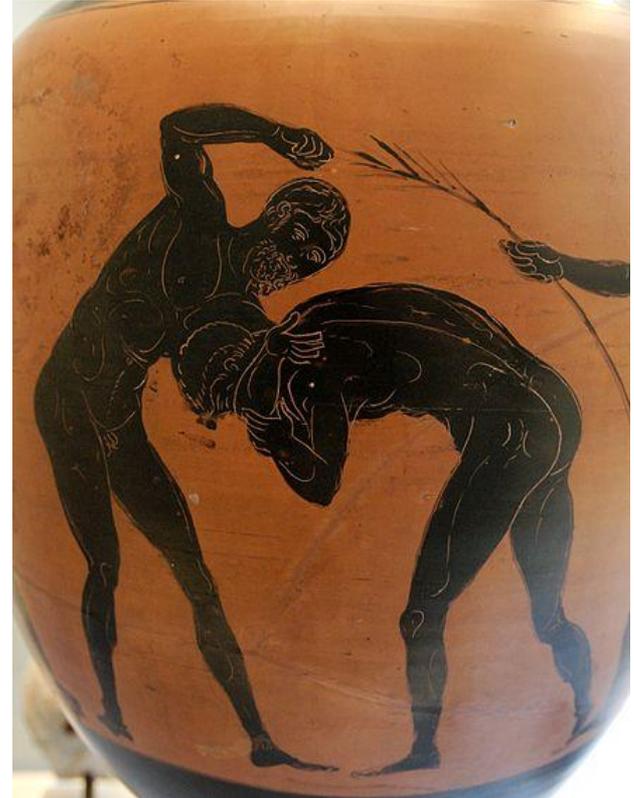
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Day four consists of:

- **The pankration, which is has 5 separate events in one:**
 - 1. A race the length of the stadium (this is best viewed at the halfway mark)**
 - 2. The long jump**
 - 3. The discus throw (be careful of being hit)**
 - 4. The javelin**
 - 5. A wrestling match**
- **The race in armour.**

These will all be found in or around the stadium.

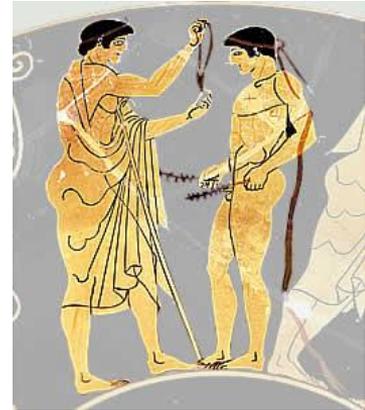


DAY FIVE

This day is a day of celebration, partying and triumph. The winning athletes lead a great procession of people to the Temple of Zeus. Then the winning athletes come forward and have a crown of olive leaves placed on their head. The games are over and family's, trainers, and athletes will soon head home but now the sanctuary at Olympia is filled with the sounds of people singing and feasting.

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During the Olympic Games accommodation is only given to those which extremely important roles like the judges and athletes competing in the Olympics. So people and slaves who traveled from all over the ancient known world would camp in the near woods in a crowded area, in the hottest season of the year.

When it comes to toiletries, there is not much to offer. This is as there hundreds of people attending the games and not that many loos in Olympia, there for people would have to dig a hole in the ground by there tent and defecate by where they sleep!

So staying during the Olympic Games could be rather unpleasant and odorous .

OVERVIEW

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DAY 3

Sacrifice and races

DAY 4

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Pankration

Armour race

DAY 5

Procession

Feasting

Parties

Crowning

