

RELATIONSHIPS & SELF-ESTEEM

The Relationship unit will explore communication skills, self empathy, kindness, trust, service and teamwork. This unit will enable pupils to engage in the here and now, managing relationships and interactions with others providing them with the tools for life long learning, socialising and philanthropy. The focus upon Relationships and Self-Esteem aim to embody a mindful based focus encouraging a growing confidence in relation to independence, resilience, engagement and rational from both an individual perspective and wider school community.

