



**EXPEDITION SECTION**  
**COVID-19 KIT LIST**  
**BRONZE NEW FOREST**

All DofE participants should ensure they have the following equipment for current expeditions being conducted as day-walks.

Items in green can be provided by KES DofE Store.

<b>Wearing / Protection</b>	<b>Food &amp; Water</b>
Boots (Serviceable, waterproof, ankle support) Walking socks Lightweight walking trousers Wicking base layer Thermal mid-layer Fleece/Windproof outer layer  2 x face masks Anti-bacterial hand gel	2 litres of drinking water Personal flask with hot drink Hi-Energy snacks <b>Sealed emergency rations</b> <u>Food for 2 days to include:</u> Substantial packed lunch for day 1 snack packed lunch for day 2 1 cooked breakfast 1 evening meal & dessert
<b>Clothing</b>	<b>Personal &amp; Emergency Equipment</b>
<b>Waterproof Jacket with hood</b> <b>Waterproof Trousers</b> <b>Warm hat &amp; Sun hat</b> <b>Gloves</b> Spare warm layer Spare trousers Spare mid layer Spare socks & underwear Trainers for overnight stay	<b>Map Sheet</b> Watch <b>Compass &amp; Whistle</b> Matches (lighter can also be carried) Torch with spare batteries Small penknife/multi-tool <b>Personal first aid kit incl. medication</b> Notebook & Pen Small amount of money
<b>Personal Camping Equipment</b>	<b>Group Camping Equipment</b>
<b>Rucksack</b> Mug & Bowl Knife Fork Spoon (or Spork) Toilet paper Small wash kit (toothbrush, paste, wipes, small towel) Washing up kit (sponge/scourer, washing up liquid, tea towel) Mobile phone (waterproofed and switched off for the duration of exped) <b>Karrimat (Rollmat) &amp; Sleeping Bag</b>	These KES issued items will be shared amongst team:  <b>1 + Emergency Shelter (Bothy)</b> <b>2 x Survival Bags</b> <b>1 x Throw Line</b> <b>2 x HI Viz Vests</b> <b>Trowel</b> <b>Trangia Stoves &amp; Gas</b>

**All items should be waterproofed in bags. The main compartment of the rucksack should be lined by a waterproof rucksack liner or rubble sack.**