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KING EDWARD VI SCHOOL
SOUTHAMPTON

First Year PSHE Day

Dear Parents,

As part of our Personal, Social, Health and Economic (PSHE) education programme all First Year pupils will follow a carousel of activities on Thursday 27th May, looking at basic drug facts, alcohol, money skills, digital safety, teeth and oral hygiene and team building. The sessions are designed to be interactive as well as informative and the intention is that the pupils become fully involved in the work that is undertaken during the day. Some of the sessions will be run by school staff and others by outside agencies.

The session on basic drug facts is designed to help the children understand what illegal and prescribed drugs are, as well as drugs that can be bought over the counter and the session on alcohol is aimed at increasing awareness about its use and dangers. These sessions will be run by Bob Tait and Barry Evans of DRED UK who have been working with the school on drug and alcohol education for many years.

Rachael Presland and James Warren from Barclays Bank will be delivering a remote session on money skills. They have worked with several schools locally and their session was very well received by last year's cohort. They will cover saving, security and simple budgeting with the pupils.

Digital safety is a fast-moving area and can understandably be a worry for parents. We are keen to support you on this by providing the students with up to date advice that will enable them to make smart choices online and build up the resilience required to make successful use of this fantastic resource. Mr Blow, our Digital Media & E-learning Co-ordinator, with many years' experience teaching young people to use technology, will lead the session as the students explore how to use the internet in a positive and sensible way.

Emma White from OMU Dental is a former teacher, who wants to combat the growing statistics about poor dental health, gum disease and tooth decay in young people. She believes passionately that children should enjoy seeing their dentist. The Teeth Academy is a mobile unit that teaches children how to look after their teeth and gums in a relaxed, fun and friendly environment. It will teach the children brushing techniques to keep their teeth and gums healthy for life and make sure that they understand the importance of good dental health. Emma will also cover healthy eating and what foods/ drinks to avoid or have in moderation.

Mrs Henderson is Head of Lower School and Mr Havers is Head of Year Sixth Form and they will be running the session on team building which will involve active problem-solving activities where pupils have to work as part of a team. The importance of listening to others as a skill will be covered as well as tips about how to work collaboratively.

We hope that the students will find the sessions both interesting and useful and that it will provide a solid foundation for future learning in these areas.

Yours sincerely,

Dr H Dean

Head of PSHE

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Head of Lower School

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